



TIGERNUT
SPIRIT · BODY · MIND



GIVE THE GIFT OF HEALTH

that tastes good

FOR YOURSELF

FOR LOVED ONES, FRIENDS

COLLEAGUES, EMPLOYEES

CLIENTS, BUSINESS PARTNERS ...

PRODUCTION

Hlohovec
Slovensko

BOUTIQUE CAFE

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TIGERNUT®

SPiRiT • BODY • MIND

NUTRITION FOR SPIRIT, BODY, MIND...

E-SHOP

www.tigernutplanet.com

SOCIAL MEDIA

  @tigernutplanet

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WHY GIVE THE GIFT OF HEALTH?

- ... HEALTH is the most important thing in our lives
- ... we are responsible for creating and maintaining our own HEALTH
- ... when we are HEALTHY, we can express ourselves, create and focus our attention on the people, activities and things that fulfill us and bring us joy
- ... by giving the GIFT OF HEALTH, we raise awareness of its importance
- ... we do something good and meaningful for others

THE PATH TO HEALTH THE MISSION OF THE TIGERNUT BRAND

The body's intelligence is infinite. It has self-healing and regenerative abilities, which can only be disrupted by energetic imbalances and chemical disruptions caused by subconscious physiological stress. The only way to achieve optimal, healthy functioning of the body is by eliminating stress and reprogramming the triggers of stress responses through disciplined inner work and self-discovery. However, health is a complex topic, and the JOURNEY TO LONG - LASTING HEALTH REQUIRES DISCIPLINE. Expecting results without effort simply doesn't work. We need the right information, and we need to set our minds on the outcome we want to achieve - being healthy. After that, it's an individual journey, where we walk patiently, one step at a time.

Health is the most important thing to all of us, but we often only realize it when it's gone. Our mission is to SHOW YOU A BROADER PERSPECTIVE ON HEALTH, so you take care of your health when you're feeling well, and if you do get sick, you'll know how to heal not just the symptoms but the root cause, which is always a destructive energy pattern - an ingrained program in our subconscious mind. Because the only one responsible for creating health or illness is us.

Through TIGERNUT's healthy food products, with the SUPERFOOD TIGERNUT as the primary ingredient, and with the foundational idea of sowing love into people's minds, we are introducing a NEW CONCEPT OF HEALTH, where everything is interconnected and HEALTH is the RESULT OF ENERGY HARMONY BETWEEN SPIRIT, BODY, AND MIND.

The mind is a tool for the soul to grow its consciousness, and the body is the physical vessel through which the soul expresses itself, creates, and learns in the physical world. The body responds to the mind and follows its lead. Therefore, the first step toward health is to have a healthy, positive mindset, so the body doesn't trigger a stress response in non-life-threatening situations. When the body is not in stress mode, the immune system works properly, cells grow, and the body stays healthy. The RESULT OF A HEALTHY MIND is not only a HEALTHY BODY but also HEALTHY RELATIONSHIPS - with ourselves, others, and life itself. In other words, if we heal the mind, the spirit and body will also be healthy, allowing us to live a life of health, love, joy, peace, abundance, and prosperity.

Eliminating stress from the body means we've completed the process of reprogramming destructive, fear-based patterns into love-based ones. It's no surprise that love heals. WHEN WE WALK THIS PATH TO WELLNESS, A HEALTHY LIFE AWAITS US. We begin to live without fear, because where love is present, fear cannot exist, and that's why we are here. To love and to be loved. To express ourselves freely, create, and fulfill our purpose, which is only possible when we are healthy. And how will we know we've shifted from fear to love? It's simple—when someone else's happiness becomes our own.



A HEALTHY MIND

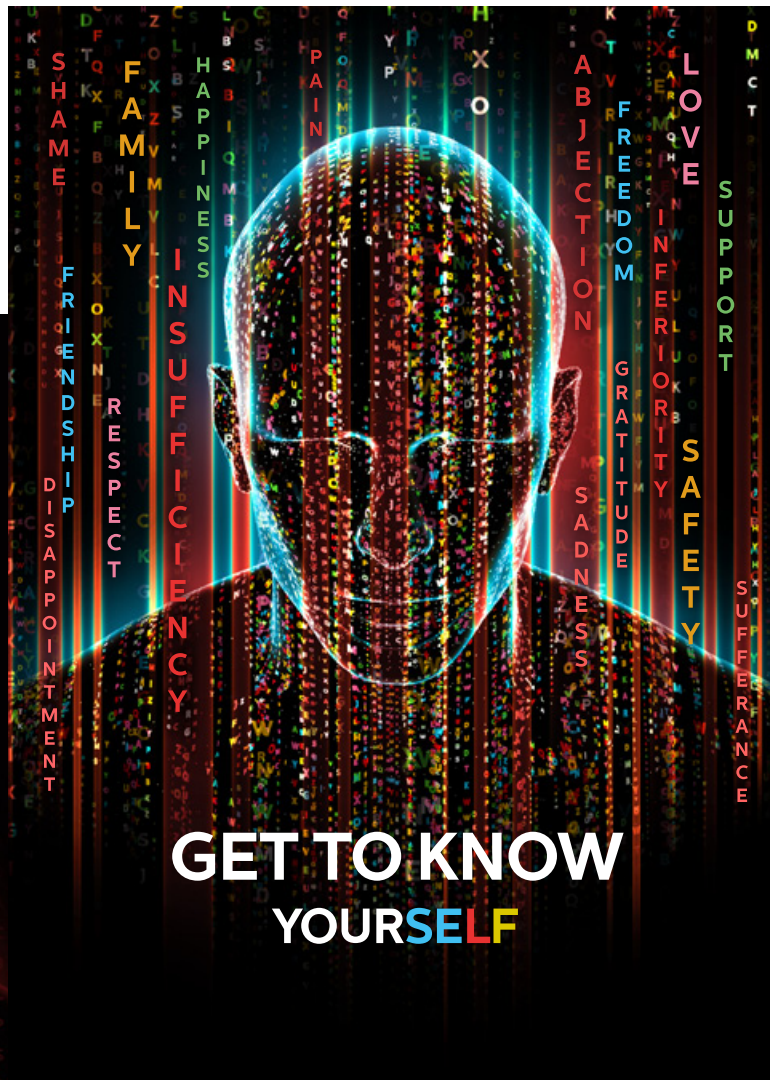


WAKE UP!
OPEN YOUR MIND...

▲ WAKE UP! We are not just physical beings. We are energetic beings and we have the immense power to create our own reality. We have the power to create our health and it's entirely our responsibility. No one else holds that power. Discover it! It's not outside of you - it's within you. Let's stop being victims of our genetics and become the conscious creators of our health. The key to health lies in the mind and its programming.

... learn more at

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GET TO KNOW YOURSELF

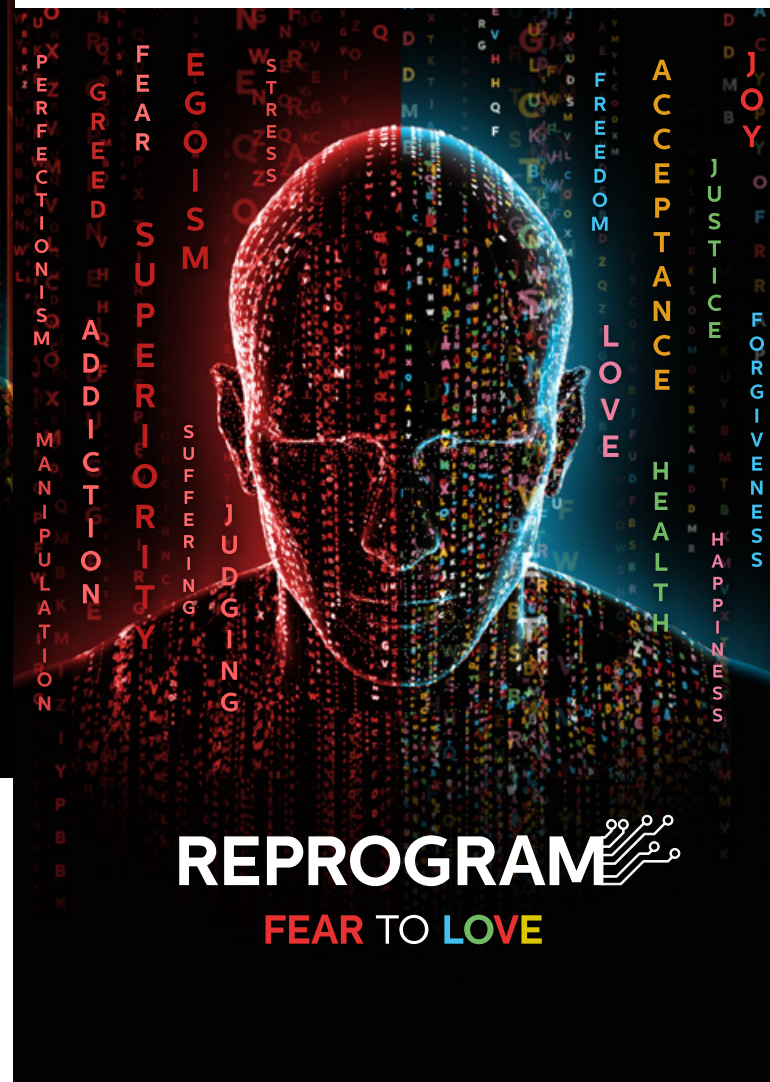
▲ Our personal programming, which forms our HEALTH reality, includes both positive and destructive patterns, with most of them rooted in fear. We all have them, even if we're unaware of it. These fear-based programs put the body into stress mode, even when there's no real threat and this destroys our health and our lives. The only way to restore health and create sustainable health is to reprogram those fear-based patterns and replace them with life-affirming ones.

... learn more at

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FOR A HEALTHY BODY

REMOVE FEAR, REMOVE STRESS

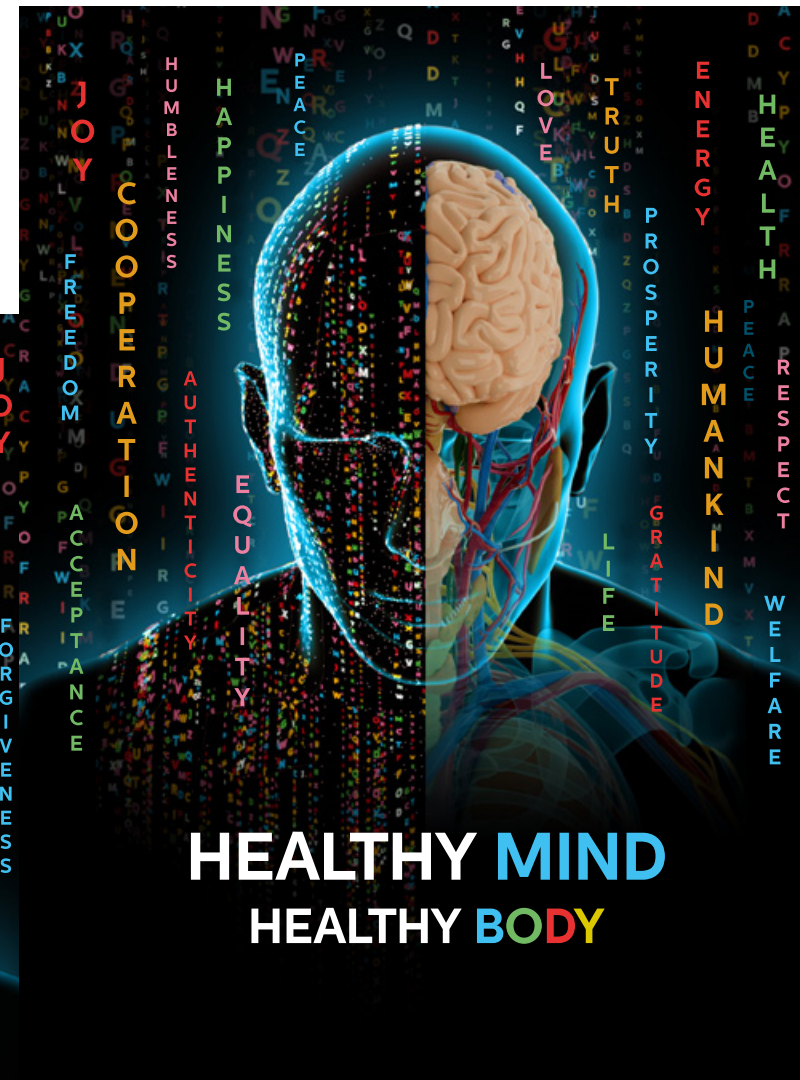


REPROGRAM FEAR TO LOVE

▲ We all desire health and a healthy life. If we are sick or unhappy with our lives, we must eliminate fear and replace it with love. When we are healthy, we tend to take it for granted. Most of the time, we only start thinking about our health when we lose it, which confirms the profound truth: "Illness has one goal: to heal us." The only path to healing is by changing our programming.

... learn more at

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HEALTHY MIND HEALTHY BODY

▲ „A healthy mind, a healthy body” is the positive, causal relationship between the mind and body and how they work together in harmony. There is no healthy body without a healthy mind. This is not just a perspective - it's a fact. The human mind is full of fear, and in a way, it's sick. The mind is a wonderful tool when it serves us, but it's a terrible master when it controls us. As Osho said: "The mind is a good servant, but a bad master."

... learn more at

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HEAL YOUR MIND AND BODY



LACTOSE FREE
GLUTEN FREE
NO ADDED SUGAR
PALM OIL FREE
VEGAN

HIGH FIBRE

**ABSOLUTELY
HEALTHY FOOD
THAT TASTES GOOD**

HIGH FIBRE

LACTOSE FREE

PALM OIL FREE

GLUTEN FREE

NO ADDED SUGAR

NO ADDED SUGAR
HIGH FIBRE

PALM OIL FREE

LACTOSE FREE

VEGAN

TIGER NUTS SUPERFOOD

CYPERUS ESCULENTUS

The „Tiger Nut” is not actually a nut but a tuber, completely free of allergens. It’s a superfood with a naturally sweet taste and many health benefits, backed by international studies.

Tiger Nuts are a unique blend of minerals (magnesium, phosphorus, zinc, iron, potassium, calcium,

copper), vitamins (C, E, B6, B9 - folic acid, B1 - thiamine), antioxidants, unsaturated fatty acids, and proteins. They’re also rich in fiber and resistant starch and provide an excellent source of energy.

Due to these properties, they are considered a superfood in both AIP and Paleo diets.



HEALTH BENEFITS OF TIGER NUTS

Proven by international
expert studies

- PREVENT COLON CANCER
- PREVENT CARDIOVASCULAR DISEASES
- LOWER CHOLESTEROL
- LOWER BLOOD SUGAR LEVELS
- SUPPORT HORMONAL BALANCE
- PREVENT OBESITY – AID IN WEIGHT LOSS
- PREBIOTIC – IMPROVE DIGESTIVE HEALTH
- PROMOTE A HEALTHY GUT MICROBIOME
- ANTI-INFLAMMATORY AND ANTI-FUNGAL PROPERTIES
- BOOST THE IMMUNE SYSTEM
- HELP WITH RECOVERY AFTER INJURIES OR SURGERY
- PROMOTE HEALTHY BONES, JOINTS, AND MUSCLES
- HELP WITH SKIN CONDITIONS
- SUPPORT HEALTHY FETAL DEVELOPMENT DURING DURING PREGNANCY



LACTOSE-FREE



HIGH FIBER



ALLERGEN-FREE



NO ADDED SUGAR



GLUTEN-FREE

WHY CHOOSE TIGERNUT PRODUCTS?

... the main ingredient - tiger nut, is considered the food of the future in terms of healthy eating

... they are completely healthy foods that taste amazing

... they're made in Slovakia

... many are world exclusives

... we adhere to the strictest standards of healthy food in their development

... we use only the highest quality ingredients in their production

... anyone can enjoy them - children, young people, adults, and seniors. The healthy to support their wellness, and the sick to aid in their recovery

... we do not mislead anyone with our claims, product ingredients, packaging or marketing for personal gain

... consuming them supports the body's natural processes

... they genuinely help people care for their health, as confirmed by our satisfied customers

... through them, we plant seeds of love, not fear, in people's minds

... by eating them, we express gratitude to our bodies



TIGERNUT® PRODUCTS



made in Slovakia
for the whole world

The healthy food products under the TIGERNUT brand are produced by the Slovak company TIGERNUT GROUP s.r.o., founded in 2022. Its mission is to introduce and spread a NEW CONCEPT OF HEALTH, where the primary responsibility for health lies with the individual.

For a long time, we've been focused on health and three years ago, we rediscovered the forgotten superfood, tiger nut. Tiger nut is a tuber, completely free of allergens, with numerous health benefits for the body.

This ingredient was used for its healing properties in ancient Egypt and is still grown in Africa today. However, the tiger nut produced there is tough, less nutritious, and contains unwanted substances due to uncontrolled farming.

In the 18th century, tiger nuts began being cultivated in Spain, in the region north of Valencia. Organic farming practices („green“ agriculture) are controlled by the Chufa de Valencia council, which grants certifications to farmers ensuring that tiger nuts with this designation of origin come from organic and fair-trade agriculture.

We searched for growers in Spain and found the best one. A family business that has been growing and processing tiger nuts for three generations. They grow tiger nuts in organic quality. To offer the highest quality, we also have these nuts peeled, making them softer, tastier, and more nutritious.

The quality of the peeled tiger nut from Valencia allowed us to experiment with different recipes and eventually, we created several lines of unique healthy food products made from tiger nuts that are a world first. All TIGERNUT products are gluten-free and most are also lactose-free (vegan) and free of added sugars. Consuming them benefits both the healthy and the sick...

- GRANOLA
- BREAKFAST PORRIDGES
- TIGER NUT BUTTER AND CREAMS
- PROTEIN, RAW AND TIGER NUT BARS
- ROASTED TIGER NUTS COATED IN PREMIUM CHOCOLATE

We also offer NATURAL tiger nut products in organic quality:

- EXTRA FINE FLOUR FROM PEELED VALENCIAN TIGER NUTS
- PEELED VALENCIAN TIGER NUT SLICES
- PEELED VALENCIAN TIGER NUTS
- PEELED ROASTED VALENCIAN TIGER NUTS
- EXTRA VIRGIN TIGER NUT OIL

All TIGERNUT products are made in Slovakia. We have our own production facility, allowing us to control the production process and maintain consistent product quality. We use only the finest quality raw ingredients. All products are free of artificial stabilizers, preservatives, emulsifiers, colorants or flavors.

Most TIGERNUT products are vacuum-packed in glass, preserving the quality and preventing the development of mold, which can occur in regular plastic packaging. Our customers appreciate that they can see the real product and its quality through the clear glass and we also care about the environment, as glass packaging is recyclable.



GRANOLA from tiger nuts



Love at first taste



*Love
heals*



- ✓ lactose-free and gluten-free
- ✓ no added sugar
- ✓ free of colourings & preservatives
- ✓ high fibre content

SNACKS & CHIPS



- ✗ high fat content
- ✗ high salt content
- ✗ emulsifiers & colouring agents
- ✗ low fibre content

GLUTEN-FREE GRANOLA from tiger nuts



No added sugar



PALEO

250g

PEACE

Tiger nut granola with five types of nuts and honey

PALEO

250g

LOVE

Tiger nut granola with berry fruits and goji

AIP PALEO

250g

FREEDOM

Tiger nut granola with coconut

AIP PALEO

250g

RELATIONSHIPS

Tiger nut granola with dates, almonds and cinnamon

PALEO

250g

GRATITUDE

Tiger nut granola with chocolate and hazelnuts

AIP PALEO

250g

JOY

Tiger nut granola with figs and orange

250g

AWAKENING

Natural oat granola with honey

PALEO

250g

ABUNDANCE

Tiger nut granola with pecans and maple syrup

250g

RESPECT

Tiger nut granola with white chocolate, cashew and mango

250g

HUMANKIND

Tiger nut granola with peanuts and salted caramel



BUTTER & CREAMS

from tiger nuts



100%
Gratitude



gifts
of life



- ✓ allergen-free
- ✓ high fibre content
- ✓ dairy and lactose-free
- ✓ free from emulsifiers & preservatives

NUT CREAMS



- ✗ palm oil and allergens
- ✗ high sugar content
- ✗ contains dairy and lactose
- ✗ contains emulsifiers

BUTTER & CREAMS

from tiger nuts



high fibre content



PALEO

280g

GRATITUDE

Tigella - tiger nut cream with cocoa

AIP PALEO

280g

HUMAN

Sugar-free Tigella - tiger nut cream with cocoa

PALEO

280g

PEACE

Tiger nut cream with pistachios

280g

ACCEPTANCE

Tiger nut cream with salted caramel

280g

HEALTH

Tiger nut cream with matcha

AIP PALEO

280g

FREEDOM

Tiger nut cream with coconut

AIP PALEO

280g

EMPATHY

100% tiger nut cream

280g

HUMANKIND

Tiger nut cream with peanuts



TIGER NUTS
coated in chocolate



aminoacids

vitamins

minerals

theanins

antioxidants



Health that tastes

Health begins in the gut



- ✓ suitable for celiacs
- ✓ safe for nut allergies
- ✓ vegan-friendly - also available with vegan chocolate
- ✓ suitable for diabetics - available with natural sweeteners

CHOCOLATE BONBONS



- ✗ contains flour and gluten
- ✗ unhealthy fats
- ✗ contains dairy and lactose
- ✗ high sugar content
- ✗ contains stabilizers

ROASTED TIGER NUTS

coated







in premium chocolate







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e-shop



180g    





GRATITUDE

Roasted tiger nuts with 70% dark chocolate

180g    





TRUTH

Roasted tiger nuts with milk chocolate

180g    





TRUST

Roasted tiger nuts with white chocolate

180g    





INTUITION

Roasted tiger nuts with sugar-free milk chocolate

180g    





EQUALITY

Vegan roasted tiger nuts with milk chocolate

180g    





SUPPORT

Vegan roasted tiger nuts with white chocolate

180g    





RELATIONSHIPS

Roasted tiger nuts with milk chocolate and cinnamon

180g    





LOVE

Roasted tiger nuts with white chocolate and raspberries

180g    





FREEDOM

Roasted tiger nuts with white chocolate and coconut

180g    





HEALTH

Roasted tiger nuts with white chocolate and matcha

180g    





ENERGY

Roasted tiger nuts with white chocolate and coffee

180g    





ACCEPTANCE

Roasted tiger nuts with chocolate and salted caramel

180g    

FAMILY

Roasted tiger nuts with milk chocolate and caramel

180g    

HUMBLENESS

Roasted tiger nuts with milk chocolate and black charcoal



BARS
from tiger nuts



Energy recharge your batteries with Tigernut bars



Life is energy



- ✓ lactose-free
- ✓ gluten-free
- ✓ no added sugar
- ✓ free of colouring agents and preservatives

CIGARS



- ✗ cause addiction
- ✗ promote cancer
- ✗ increase risk of heart attack and chronic disease

TIGER NUT, RAW AND PROTEIN bars from tiger nuts



No added sugar



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e-shop

<p>PROTEIN</p> <p>45g</p> <p>RESPECT</p> <p>Protein bar with mango</p>	<p>PROTEIN</p> <p>45g</p> <p>HUMANKIND</p> <p>Protein bar with peanuts and caramel</p>	<p>PROTEIN</p> <p>45g</p> <p>GRATITUDE</p> <p>Protein bar with cocoa</p>	<p>PROTEIN</p> <p>45g</p> <p>LIFE</p> <p>Protein bar with pear and vanilla</p>	<p>PROTEIN</p> <p>45g</p> <p>COOPERATION</p> <p>Protein bar with pineapple and coconut</p>
<p>RAW</p> <p>45g</p> <p>HAPPINESS</p> <p>Raw bar with spirulina and lemon</p>	<p>RAW</p> <p>45g</p> <p>MIND</p> <p>Raw bar with blackcurrants and hojicha</p>	<p>RAW</p> <p>45g</p> <p>HEALTH</p> <p>Raw bar with matcha, orange and chilli</p>	<p>RAW</p> <p>45g</p> <p>PRESENCE</p> <p>Raw bar with chlorella and apricots</p>	<p>RAW</p> <p>45g</p> <p>ENERGY</p> <p>Raw bar with coffee</p>
<p>40g</p> <p>FORGIVENESS</p> <p>Tiger nut bar with apple and ginger</p>	<p>40g</p> <p>RELATIONSHIPS</p> <p>Tiger nut bar with dates and cinnamon</p>	<p>40g</p> <p>ACCEPTANCE</p> <p>Tiger nut bar with salted caramel</p>	<p>40g</p> <p>LOVE</p> <p>Tiger nut bar with berry fruits and goji</p>	<p>40g</p> <p>JOY</p> <p>Tiger nut bar with figs and orange</p>
<p>40g</p> <p>SUCCESS</p> <p>Tiger nut bar with plums and cinnamon</p>	<p>40g</p> <p>PEACE</p> <p>Tiger nut bar with pistachios</p>	<p>40g</p> <p>FREEDOM</p> <p>Tiger nut bar with coconut</p>		

OIL
from tiger nuts



Balance

Healthy plant-based fats



A healthy nervous system

Everything is in balance



- ✓ high in Omega-3 fatty acids
- ✓ lowers LDL („bad”) cholesterol
- ✓ slows down cellular aging
- ✓ helps prevent cardiovascular diseases

ALCOHOLIC BEVERAGES



- ✗ can cause addiction
- ✗ intoxicates the body
- ✗ damages liver, kidneys, stomach and brain
- ✗ excessive consumption leads to negative mental states

NATURAL PRODUCTS

from tiger nuts



Superfoods for both the healthy and the ill



www.tigernutplanet.com
e-shop

AIP PALEO

400g 🌱🌿🍃🌾🌻🌷

BALANCE

Peeled Valencian tiger nuts

AIP PALEO

300g 🌱🌿🍃🌾🌻🌷

BALANCE

Extra fine flour from peeled Valencian tiger nuts

AIP PALEO

300g 🌱🌿🍃🌾🌻🌷

BALANCE

Peeled Valencian tiger nut slices

AIP PALEO

250ml 🌱

BALANCE

100% tiger nut oil

AIP PALEO

180g 🌱🌿🍃🌾🌻🌷

EMPATHY

Roasted Valencian tiger nuts

AIP PALEO

280g 🌱🌿🍃🌾🌻🌷

EMPATHY

100% tiger nut cream



THE POWER OF POSITIVE LANGUAGE: COMMUNICATING FEELINGS AND EMOTIONS

Humans are multi-dimensional beings: spiritual, mental, and physical. If we want to experience long-lasting health in life, we must focus on all three of these levels, ensuring they are healthy and working in harmony. And this is the greatest benefit of TIGERNUT products. The fact that they help bring all three levels into balance. Products with exceptional physical health benefits, combined with packaging designed to promote meditation and therapeutic effects for mental and spiritual health.

„A healthy body starts with a healthy mind.” The body responds to the mind and follows its lead. All key words in four world languages are energetic symbols representing positive programs, feelings, and emotions vibrating at the frequency of love. They help reprogram our minds for love, freeing it from fear and removing stress from the body. If we free the mind from fear, we not only heal the mind, but we also eliminate the triggers of stress responses, healing the body as well.




INSPIRATION FOR CREATING TIGERNUT PRODUCT COMBINATIONS

All the products we offer can be ordered individually or combined based on flavor or key words.

Examples of possible product combinations based on one key word.

LOVE

GRANOLA
PALEO




250g 🌱🌿🍓🍇🍓

LOVE

Tiger nut granola with berry fruits and goji

NUTS IN CHOCOLATE




180g 🌱🌿🍓

LOVE

Roasted tiger nuts with white chocolate and raspberries

BAR



40g 🌱🌿🍓🍇🍓


LOVE

Tiger nut bar with berry fruits and goji

Suitable for:
yourself, partner, parents, newlyweds, Valentine's Day, Mother's Day, ...

HEALTH

CREAM




280g 🌱🌿🍵

HEALTH

Tiger nut cream with matcha

NUTS IN CHOCOLATE




180g 🌱🌿🍵

HEALTH

Roasted tiger nuts with white chocolate and matcha

BAR
RAW



45g 🌱🌿🍊🌶️

HEALTH

Raw bar with matcha, orange and chilli

Suitable for:
yourself, parents, grandparents, the sick, people recovering from surgery, ...

Example of possible product combinations based on multiple key words.

LOVE


GRATITUDE

RESPECT

HEALTH

FORGIVENESS

GRANOLA
PALEO



250g 🌱🌿🍓🍇🍓

LOVE

Tiger nut granola with berry fruits and goji

CREAM
PALEO




280g 🌱🌿🍫

GRATITUDE

Tigrella - tiger nut cream with cocoa

GRANOLA




250g 🌱🌿🍫🥥🍌

RESPECT

Tiger nut granola with white chocolate, cashew and mango

CREAM




280g 🌱🌿🍵

HEALTH

Tiger nut cream with matcha

BAR



40g 🌱🌿🍏🍵

FORGIVENESS

Tiger nut bar with apple and ginger

Suitable for: **yourself, partner, parents, newlyweds, Mother's Day, ...**

Example of possible combinations of one type of product based on multiple key words.

LOVE


GRATITUDE

RESPECT

HEALTH

FORGIVENESS

BAR




40g 🌱🌿🍓🍇🍓

LOVE

Tiger nut bar with berry fruits and goji

BAR
PROTEIN




45g 🌱🌿🍫

GRATITUDE

Protein bar with cocoa

BAR
PROTEIN




45g 🌱🌿🍌

RESPECT

Protein bar with mango

BAR
RAW




45g 🌱🌿🍵🍊🌶️

HEALTH

Raw bar with matcha, orange and chilli

BAR



40g 🌱🌿🍏🍵

FORGIVENESS

Tiger nut bar with apple and ginger

Suitable for: **yourself, partner, parents, newlyweds, Mother's Day, ...**

Example of possible product combinations based on multiple key words.

LOVE **JOY** **HEALTH** **HAPPINESS** **FAMILY**

<p>GRANOLA PALEO</p> <p>250g</p> <p>LOVE</p> <p>Tiger nut granola with berry fruits and goji</p>	<p>BAR</p> <p>40g</p> <p>JOY</p> <p>Tiger nut bar with figs and orange</p>	<p>CREAM</p> <p>280g</p> <p>HEALTH</p> <p>Tiger nut cream with matcha</p>	<p>BAR RAW</p> <p>45g</p> <p>HAPPINESS</p> <p>Raw bar with spirulina and lemon</p>	<p>NUTS IN CHOCOLATE</p> <p>180g</p> <p>FAMILY</p> <p>Roasted tiger nuts with milk chocolate and caramel</p>
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Suitable for: **Christmas, birthdays or name days, for parents, partners, siblings, relatives, ...**

Example of possible product combinations based on multiple key words.

LOVE **FREEDOM** **JOY** **HEALTH** **HAPPINESS**

<p>BAR</p> <p>40g</p> <p>LOVE</p> <p>Tiger nut bar with berry fruits and goji</p>	<p>CREAM AIP PALEO</p> <p>280g</p> <p>FREEDOM</p> <p>Tiger nut cream with coconut</p>	<p>GRANOLA AIP PALEO</p> <p>250g</p> <p>JOY</p> <p>Tiger nut granola with figs and orange</p>	<p>NUTS IN CHOCOLATE</p> <p>180g</p> <p>HEALTH</p> <p>Roasted tiger nuts with white chocolate and matcha</p>	<p>BAR RAW</p> <p>45g</p> <p>HAPPINESS</p> <p>Raw bar with spirulina and lemon</p>
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Suitable for: **yourself, partner, children, friends, ...**

Example of possible product combinations based on multiple key words.

LIFE **RELATIONSHIPS** **LOVE** **ACCEPTANCE** **PEACE**

<p>BAR PROTEIN</p> <p>45g</p> <p>LIFE</p> <p>Protein bar with pear and vanilla</p>	<p>NUTS IN CHOCOLATE</p> <p>180g</p> <p>RELATIONSHIPS</p> <p>Roasted tiger nuts with milk chocolate and cinnamon</p>	<p>GRANOLA PALEO</p> <p>250g</p> <p>LOVE</p> <p>Tiger nut granola with berry fruits and goji</p>	<p>NUTS IN CHOCOLATE</p> <p>180g</p> <p>ACCEPTANCE</p> <p>Roasted tiger nuts with chocolate and salted caramel</p>	<p>CREAM PALEO</p> <p>280g</p> <p>PEACE</p> <p>Tiger nut cream with pistachios</p>
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Suitable for: **yourself, partner, friends, ...**

Example of possible product combinations based on multiple key words.

LOVE **JOY** **PEACE** **HEALTH**


<p>BAR</p> <p>40g</p> <p>LOVE</p> <p>Tiger nut bar with berry fruits and goji</p>	<p>GRANOLA AIP PALEO</p> <p>250g</p> <p>JOY</p> <p>Tiger nut granola with figs and orange</p>	<p>CREAM PALEO</p> <p>280g</p> <p>PEACE</p> <p>Tiger nut cream with pistachios</p>	<p>NUTS IN CHOCOLATE</p> <p>180g</p> <p>HEALTH</p> <p>Roasted tiger nuts with white chocolate and matcha</p>
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Suitable for: **Christmas, for employees, clients, family members, loved ones, yourself, ...**

Example of possible product combinations based on multiple key words.

GRATITUDE **RESPECT** **HEALTH** **COOPERATION**

CREAM
PALEO




280g 🌱🌿🍌🍫

GRATITUDE

Tigrella - tiger nut cream with cocoa

GRANOLA




250g 🌱🌿🍌🍫

RESPECT

Tiger nut granola with white chocolate, cashew and mango

NUTS IN CHOCOLATE




180g 🌱🌿🍌🍫

HEALTH

Roasted tiger nuts with white chocolate and matcha

BAR
PROTEIN



45g 🌱🌿🍌🍫

COOPERATION


Protein bar with pineapple and coconut

Suitable for: **employees, clients, business partners, teachers,** ...

Examples of bulk orders of one product based on one key word.

SUCCESS **COOPERATION**

BAR




40g 🌱🌿🍌🍫

SUCCESS

Tiger nut bar with plums and cinnamon

Suitable for: **yourself, friends, employees, colleagues, teammates,** ...

BAR
PROTEIN



45g 🌱🌿🍌🍫


COOPERATION

Protein bar with pineapple and coconut

Suitable for: **employees, colleagues, business partners,** ...

Examples of possible product combinations for an AIP diet.

PEELED NUTS
AIP PALEO




400g 🌱🌿🍌🍫

BALANCE

Peeled Valencian tiger nuts

SLICES
AIP PALEO




300g 🌱🌿🍌🍫

BALANCE

Peeled Valencian tiger nut slices

BUTTER
AIP PALEO




280g 🌱🌿🍌🍫

EMPATHY

100% tiger nut cream

OIL
AIP PALEO




250 ml 🌱

BALANCE

100% tiger nut oil

PEELED NUTS
AIP PALEO




400g 🌱🌿🍌🍫

BALANCE

Peeled Valencian tiger nuts

BUTTER
AIP PALEO




280g 🌱🌿🍌🍫

EMPATHY

100% tiger nut cream

GRANOLA
AIP PALEO




250g 🌱🌿🍌🍫

FREEDOM

Tiger nut granola with coconut

CREAM
AIP PALEO



280g 🌱🌿🍌🍫


FREEDOM

Tiger nut cream with coconut

Suitable for: **people with autoimmune disease, people following the AIP diet,** ...

Example of possible product combinations for nut allergies or intolerances.

BAR
RAW




45g 🌱🌿🍌🍫

ENERGY

Raw bar with coffee

CREAM
AIP PALEO




280g 🌱🌿🍌🍫

HUMAN

Sugar-free Tigrella - tiger nut cream with cocoa

GRANOLA
PALEO




250g 🌱🌿🍌🍫

LOVE

Tiger nut granola with berry fruits and goji

NUTS IN CHOCOLATE



180g 🌱🌿🍌🍫

GRATITUDE

Roasted tiger nuts with 70% dark chocolate

Suitable for: **People with nut allergies or intolerances,** ...

We take care of everything with love



Your joy is our joy too



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TAKE AWAY

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